




***Outwood
Academy Redcar***

***The Super
Curriculum***

Year 7



Welcome to your Super-Curriculum!

Super curricular activities are activities which take the curriculum you study in school, even further! They take the subjects you study in the classroom beyond that which your teacher has taught you. These activities might be in the form of extra reading but they can take many other forms, like watching videos online, downloading podcasts, attending lectures, visiting museums or entering academic competitions. Engaging in super curricular activities will help you develop a love for your favourite subject or subjects.

In this booklet, there are a range of activities, suggested by your teachers. They are by no means exhaustive lists but should get you started. I would encourage you to share ideas and opportunities you come across with your teachers so that, over time, the recommended activities in this booklet can grow. In the future, employers or universities will be interested to hear about what super curricular activities you have engaged in; they will be interested in what you have learnt and impressed by your efforts.

Craig Wright

Mr C. Wright

Assistant Principal

Year 7

English Super Curriculum



Shakespeare

Research the words that Shakespeare introduced to our modern language. Which words are your favourite?



Audiobook

Listen to an audiobook of your choice. Write a brief summary about the plot and characters. <https://goldenaudiobooks.com>



World News

Read an article or a newspaper extract <https://www.theguardian.com/uk>. Note down three things that you've learnt about what is happening in society.



Speech

Watch Emma Watson's Gender Inequality UN speech <https://m.youtube.com/watch?v=gkjV9PZBRfk> How do you know that she's passionate about Gender Equality?











Poem

Write a poem about your primary school memories and experiences. <https://www.masterclass.com/articles/how-to-write-poetry>



Culture

Visit a place of culture in your area. What did you learn? Write a letter to a friend recommending they visit and why.

	Reading Task		Writing Task
	Listening Task		Watch Task
	Research Task		Trip or Visit
	Creative Task		Student-Led Task

Year 7

Maths Super Curriculum



The Best Card Trick?

Watch the video to learn the Maths based card tricks
<https://nrich.maths.org/1479>



Short problems for real world practice.

Test your skills against some tricky problems. This is great practice for the maths challenge:
<https://nrich.maths.org/11993>



Maths themed YouTube channel
<https://www.youtube.com/watch?v=6egeUxIEQnM>



Humble Pi: A Comedy of Maths Errors by Matt Parker



A task to research **World Migration** using graphs
<https://teacher.desmos.com/activitybuilder/custom/5c9315d9ac1bac3e239d4a15>



Timeline Game - The story of how maths helped in World War II

	Reading Task		Writing Task
	Listening Task		Watch Task
	Research Task		Trip or Visit
	Creative Task		Student-Led Task

Year 7

Science Super Curriculum



Read Kensuke's Kingdom by Michael Morpurgo. How is the jellyfish sting treated? Why do you think they did this?



Design a new planet for humans to live on. What features would it need to allow us to survive?



Investigate acids and alkalis at home (with supervision)
<https://www.science-sparks.com/make-a-red-cabbage-indicator/>











Watch this clip and then research some other weird plants. What is the strangest you could find?
<https://www.youtube.com/watch?v=tRwzDIRvv1M&t=2s>



Visit Redcar beach. Can you find evidence of animals living millions of years ago? Find out what these animals were.



Make your own ice cream
<https://www.science-sparks.com/how-to-make-ice-cream-with-ice-and-salt/>
 Draw the particle arrangement in the milk before and the ice-cream after.

	Reading Task		Writing Task
	Listening Task		Watch Task
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Year 7

Life

Super Curriculum

Where can RE take me?



Research different careers linked to RE, Sociology and Citizenship.
What is the most unusual career you can find?

Write a short essay



You need to answer the moral question:
"There is no such thing as right and wrong"

Listen to a short podcast



Pick a podcast and create a short summary of the main points.
<https://www.bbc.co.uk/programmes/p01gvqlg/episodes/downloads>

Visit a place of worship



You can do this physically or virtually.
 What are the main things you notice? Why are they there?

Watch the debate



Is Religion dying out in the UK?
 Can you contribute to the debate by writing your argument for or against?
<https://www.youtube.com/watch?v=e7s0FOY2mo8>

British heritage



- Listen to Benjamin Zephaniah's poem 'The British'. Either listen as you or a friend reads it out loud -
<https://benjaminzephaniah.com/rhymin/the-british-serves-60-million/> Or listen as it is performed on Youtube -
<https://www.youtube.com/watch?v=dZ1yYOAwvvo>

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Year 7

History Super Curriculum

Visit a historical site



There are brilliant historical sites on our doorstep. Have you visited Ormesby Hall?

Write a diary entry as someone living through the Black Death



Create a presentation to inform people of the Great Fire of London



What can you see, smell, hear, taste and touch?

Read a historical book, such as The Book Thief



Watch Battlefield Britain on Youtube



Create a storyboard to show the key events of the Battle of Hastings



Find a primary source from the Tudor period. What does this tell you about life in Britain at this time?



Listen to oral histories from survivors of the First & Second World Wars on Youtube



Watch Andrew Marr's documentary on life in modern Britain on Youtube or BBC iPlayer



Create a World War One recruitment poster using examples that you can find on the web











Read about the Civil Rights Movement on BBC Bitesize



Create a presentation to inform people about the history of Redcar



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Year 7

Geography Super Curriculum

Read the news



Download the BBC news app. What geographical events can you spot in the news?

Go on your own fieldtrip!



Take a trip to the beach. What geographical features do you notice?

Our Planet



Watch Our Planet on Youtube. What extra detail can you bring into your work?

Environmental survey



Conduct a survey of the amount of cars and litter you see around your local area

Get to know GIS!



Explore Geographic Information Systems (GIS) on google earth! Play quizzes and games or just visit a country you would love to travel to

<https://earth.google.com/web/@0,0,0a,22251752.77375655d,35y,0h,0t,0r/data=CgQSAggB>.

Create a tourist information guide of an attraction you would like to visit!



How well do you know your countries?



Complete a sporcle quiz about countries around the world

<https://www.sporcle.com/>

Make a model











Make a model of a geographical feature. A volcano out of paper mache? A coastal feature out of playdough?

Become a journalist!

Write an article about a geographical issue



	Reading Task		Writing Task
	Listening Task		Watch Task
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Year 7

Languages Super Curriculum



Which countries speak French and Spanish as a native language?

Research different countries where French and Spanish are spoken. **What is the most interesting fact you can find?**



Where can MFL take me?

Research different careers linked to being able to speak more than one language.

What is the most interesting career you can find?



Which countries speak French and Spanish as a native language?

Research different food from French and Spanish speaking countries.

Can you cook or bake a recipe?



Research a **French or Spanish speaking sports star, musician or celebrity** and make a presentation or poster about why they are famous!



Watch these Youtube videos for a **French and Spanish story**.

Spanish: <https://www.youtube.com/watch?v=UjIM1gt0-hM>

French: <https://www.youtube.com/watch?v=SWSq4xmpgGo>



Go on a **virtual tour of these top tourist destinations** in Barcelona and Paris!

Spain: <https://sagradafamilia.org/visita-virtual>

France: <https://www.louvre.fr/en/online-tours>

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Year 7

Performing Arts Super Curriculum



Have you thought about how actors, musicians and artists become successful? Check out this

<https://www.artscouncil.org.uk/news-and-jobs/jobs-and-careers-0>

Then do some independent research to work out the trajectory to your future.



We're off to the theatre - Are you coming?

<https://www.darlingtonhippodrome.co.uk/whats-on/Blood-Brothers>



We're off to see some art at a gallery - Are you coming?











Not into reading? Reading a play is quicker and very entertaining. Ask Miss Littlewood for some recommendations.



Have you signed up to art enrichment yet? Come along on Wednesdays and immerse yourself in some creative tasks



Have you listened to one of Mr Eschoe's Songs of the Day at home and listened to the dynamics?

	Reading Task		Writing Task
	Listening Task		Watch Task
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Year 7

PE

Super Curriculum

Attend a Sporting Event



There are a range of activities on every week. Have you been to one of the many local clubs; Redcar Town, Athletic or Rugby Club or even The Riverside to watch live sport?

Watch a Major Sporting Event



Interested in skateboarding or bmx biking, why not watch the Olympics or other sporting events that might inspire you!

Read an autobiography of a Sporting Great



The All blacks: Legacy or Sir Alex Ferguson's book: Leading are fascinating to find out about what makes successful athletes and managers in sport

Listen to the High Performance Podcast



<https://www.thehighperformancepodcast.com/>
Hosted by Jake Humphrey with numerous guests in sport

Where can Sport take Me?











Research different careers linked to Sport, Health & Wellbeing
What is the most unusual career you can find?

Write a short essay



Research and chose a sport to find out about it's origins, role models and any interesting facts

	Reading Task		Writing Task
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